



*I don't know what your destiny will be,  
But one thing I do know:  
The only ones among you who will be really happy  
Are those who have sought  
And found how to serve.*

— ALBERT SCHWEITZER

## The Way Out



“**Y**ou make it sound so permanent,” Larry said, obviously concerned about the grave implications of choosing incorrectly.

“Only in terms of time,” the Voice laughed. “As you will soon learn, it all comes together in the end. However, you are now at the crossroads. You must choose one of two paths prior to leaving the third density. Both paths use the same creative force of Love/Light energy; only the vectors differ. One allows you to serve Creation by dedicating your Consciousness to the service of other beings. The other also serves the All That Is, but the energy stream is reversed so it focuses your Consciousness on serving yourself and controlling other beings. In dualistic terms, the first is the positive path and the second is the negative. One is not better than the other. Despite what all your moral and ethical codes have to say, “right” and “wrong” have significance only in the polarized world of the third density. Once you have transcended the illusion, you begin to perceive that both positive and negative experiences allow the Oneness to know itself more completely.”

“If that’s all it takes, why hasn’t everyone made a choice?”

“Oh, they have,” the Voice said, “though unconsciously. In fact, an entity is usually well along on its chosen path by the time it becomes aware of its choice. However, certain conditions need

to be met before the choice has meaning. To move on to the fourth density via the path of service to others, over 50 percent of every thought, word, and deed must be for the benefit of another entity, rather than your personal self. I'm afraid the overwhelming majority of humanity still has a long way to go before achieving that goal."

"Does that mean they've chosen the negative path?" Larry asked.

"Hardly. The negative path is extremely demanding, and few in human history have walked it successfully. It requires at least 95 percent of every thought, word, and deed to be for the benefit of oneself rather than another. As you might imagine, this demands a level of focus and discipline almost unknown on your planet."

"Wow. Can you name some people I might have heard of who accomplished this feat?" Larry asked.

"We do so reluctantly, as it is not our purpose to influence your view of history. However, some examples may shed light on the choice each third-density being is required to make. Taras Bulba, Genghis Khan, and Rasputin were all masters of the negative path. They had sufficient recall of some ancient Atlantean techniques for manipulating chakra distortions to directly access the gateway to Infinite Intelligence. This afforded them a concentrated source of Light/Love energy, which they used to manifest apparently paranormal abilities to influence others and control them. Given their intense focus on service to themselves, they spared no effort in personal discipline to maximize their access to this gateway."

"What happened to them?"

"They are currently enhancing and refining their abilities on a fourth-density negative planet."

"Does anyone on our planet today have that kind of negative focus?" Larry asked.

“That is not a question we will answer,” the Voice said. “If we did, it would likely cause you to take action or make decisions you might not otherwise. That would be a clear violation of your Free Will. This type of information, like the answers to some of your other questions, is stored in the so-called hidden files of the Akashic records. Do you see now why these archives are not readily available? To access them requires a Light/Love quotient somewhat higher than what you have presently attained. However, you have come a long way in the last few days, and we shouldn’t be surprised if you arrive at the necessary level of Awareness before leaving Joshua Tree.

“Do you have any more questions on this subject before we move on to discuss the higher chakras?”

“Yes,” Larry replied, “Just one. What makes one person pick the positive path while another picks the negative path?”

“It seems to be in the nature of duality—some entities instinctively gravitate toward the light, others favor the darkness. To cite a simple example: we’ve noticed that some third-density beings prefer daytime activities and greet each morning with anticipation, taking delight in the sun and the wonders of nature. Others prefer going to sleep in the small hours of the morning after partying and partaking of the gifts of the night. The logos has created your illusion such that all these possibilities are available. Choice, based on preference and predilection, naturally favors the path offering the experiences that interest the entity most. When an entity becomes aware enough to exercise Free Will, it may choose to explore more deeply along its present course, or, in rare instances, it may switch to the alternative.”

“Got it,” Larry said. “I can’t imagine what it would take for me to choose the opposite path.”

“How ‘bout a simple majority?” Zeus quipped.

“No way, Doggie-San. In this election, there’s only one vote and I don’t plan on casting it into a cesspool.”

Turning his attention back to their host, Larry said, “If I’m to set my course for the next few million years, I’d best arm myself with all the information I can. Please continue with your explanation of the chakras and the other densities. I believe you were about to discuss the fourth chakra, which, as I understand, is in the area of the heart and corresponds to the fourth density?”

“Exactly so,” the Voice said. “The fourth chakra is indeed centered in the heart, and it vibrates with the green ray of compassionate, unconditional love, which is tuned to the calling of the All That Is. For those who have chosen the path of service to others, this chakra opens the gateway to the fifth and sixth chakras. It is the springboard to the Infinite.

“However, on this planet, blockages in the lower three chakras tend to distort the operation of the heart chakra. If physical survival—a first-chakra issue—is an entity’s primary area of concern, it is nearly impossible to develop the heart chakra, as the first and fourth chakras’ primary energetic vectors are diametrically opposed. This is why entities absorbed in their own physical needs have difficulty manifesting unconditional compassion for others.

“The second chakra houses the entity’s computations regarding its identity. When it is blocked, one has difficulty expressing personal power. One is also inclined to treat other entities as slaves or chattel, not as an individuated expressions of All That Is.

“The third chakra is the repository of issues involving ego and how the entity relates to groups and the society in which it lives. Restrictions in this energy vortex lie at the root of most political and religious hostilities now manifesting on your planet. Distortions here delude the entity into thinking its own group

can dominate others by divine right and force nonbelievers to adopt its way of thinking.”

“I’m puzzled,” Larry said. “If getting into the fourth density requires balancing the fourth chakra, and if that means relinquishing self-centeredness and egotism, how can anyone on the negative path ever move on to the fourth density?”

“Our compliments, Larry,” the Voice responded, “a very insightful question indeed. One who is balancing the fourth chakra cannot possibly walk the negative path. Those on that path consciously bypass this chakra altogether. Instead, they use certain ancient and arcane arts—as we just mentioned regarding Rasputin and the others—to open the gateway to the sixth chakra directly.”

“Thank you,” Larry said. “For some reason, I’d like to learn more about what drives some people to so completely disregard the welfare of others.”

“In due time, we expect you will,” the Voice responded. “But first we’ll explore the fifth and sixth chakras, which is where experiences encountered in the third density can be linked to universal energies and principles. The fifth chakra, which is located in the throat, vibrates with a blue ray. It is a harmonic of the fifth density—the density of light, or wisdom. Third-density beings on your planet do not need to do much work on this center. Once they have cleared and balanced the fourth chakra, they can enter the fifth chakra almost immediately. This center’s gift is in the realm of communication. As it opens, one feels great freedom, for one is accessing the part of one’s self that is free of the illusion’s restrictions. This leads to profound acceptance, which, in turn, enables one to communicate freely and allow others to express themselves without judging them.

“The throat chakra is also the first in which the entity encounters a palpable outpouring of personal energy that greets

the inpouring from Infinite Intelligence moving upward through the lower energy vortices. Correspondingly, those who are blocked in this chakra often cannot grasp the essence of their own spiritual nature and frequently display difficulty accepting input from others. They feel a vague sense of alienation and separation. Deep inside, they are aware that by surrendering to the illusion of space/time they have become strangers in their own lives. There is a sense of living in constant shadow, waiting to emerge into a new, as-yet-undefined reality. This undiagnosed malaise infects the vast majority of humanity and is the root cause of much of the angst you and your fellow humans have been feeling in recent years. It expresses itself daily in random acts of belligerence that affect individuals, nations, and the ecological system of your planet alike.”

“How do we get people to realize they are part of a larger universe?” Larry asked. “How do we get them to see that there really is no separation—that we are all one?”

“How, indeed,” the Voice answered. “Larry, as you are learning, there is no simple, universal answer to these questions. The change, when at last it arrives, comes to each entity instantaneously, like a lightning bolt from the blue, acknowledging that it has earned the rite of passage into a higher state of Awareness. And there are no shortcuts. As we said earlier, each seeker must take the full curriculum.

“If you purposefully engage in the exercises we set forth earlier, the rewards will surely follow. If you wish to help humanity, you must begin with yourself. If you wish to lead, do so only by example. Have no doctrine, no thought of outcome, no expectations, no purpose save to open doors so others may follow—if they choose.”

Larry sat in silence, allowing the words to percolate, syllable by syllable. Here was yet another paradox to add to his ever-

growing collection: the greatest way to affect others is by focusing action solely on oneself.

Zeus smiled quietly, witnessing the labored contortions of a human mind attempting to deal with affairs of the heart. A wondrous tool, the mind, but so completely unsuited to the task at hand!

“This brings us to the sixth chakra,” the Voice said, disrupting the two passing trains of thought, “the indigo-ray vortex of energy often called the inner eye, or third eye. It is located low in the center of the forehead. This energy center, like the heart, is a gateway to the Infinite Intelligence. However, the energy streaming into this center is considerably less distorted than the energy entering the heart, and thus it offers direct access to the realm of conscious cocreativity. Mastery of this gateway is not to be undertaken lightly; it is only for committed adepts on the positive path who have traversed the fourth and fifth chakras, or seekers of the negative path making the leap from the third density directly. The secret teachings of the ancient mystery schools instructed initiates how to open up portals in this chakra otherwise sealed to third-density entities.

“For those on the positive path who do not aspire to mastery, but seek only to clear the blockages and balance the energies in their chakras, this vortex can be activated simply by unconditionally accepting oneself not only as a polarized yet balanced being but also as a true co-creator. This realization comes only in the absence of both ego and false modesty, once the work of clearing and balancing the lower five chakras is complete.”

“How can one be certain that the work on the chakras *is* complete?” Larry asked.

“In your mental universe,” Zeus interjected, “certainty exists only in the dictionary, somewhere between ‘cerebrum’ and ‘cervix.’ What you’re seeking has little to do with the head. You

need to go a lot deeper, Larry. Your greatest ally is not the false comfort of certainty but Awareness.”

“What do you mean by that?” Larry asked.

“Unfortunately, *goomba*, Awareness is a slippery concept, eluding the mind’s efforts to capture it completely. It refers to more than realization or knowledge or a state of informed alertness. Think of it as an energetic link connecting the myriad O-worlds in which various parts of you reside. It deals with that state of multidimensional perception in which you bypass the restrictions of the mind to absorb simultaneous streams of information from divergent and often dichotomous sources.”

“Huh?”

“Just having a bit of fun,” Zeus retorted. “Best you forget the words and try to grasp the meaning of Awareness with your heart. As you gradually unblock and clear each of the chakras, purer flows of information will enter your being, and the full implication of Awareness will come clear to you. No doubt you’ll find this easier to experience than to understand.

“The three major impediments to Awareness are addressed in considerable detail in the *Interdimensional Survival Manual*. Allow me to offer a simple abstract:

*Immediately upon entering a third-density illusion such as Earth, you will be confronted by three Great Temptations:*

- 1. The compulsion to compare*
- 2. The overwhelming urge to judge*
- 3. The need to understand*

“So unless you want to be dashed against the rocks . . . have a herd of wild elephants stampede across your coccyx . . . be

stuck in the eye by a red-hot poker . . . pecked at by a descent of demented woodpeckers. . . .”

“Okay, already,” Larry said, grateful for Zeus’s wealth of knowledge and his impeccable sense of timing—always shifting energies when one threatened to overwhelm. “I get your drift!”

“Okay, already,” Zeus repeated, mocking Larry’s attempt at humor as he addressed their host. “Did you hear what he just said? Do my ears deceive me, or was that Mr. Smarty-Pants brushing me off just because I got a little lost in the kaleidoscopic implications of submitting to the three major no-no’s?”

With an abrupt change of tone, Zeus turned his attention to Larry. “Just trying to make a point, kiddo. This is important stuff; that’s why I make light of it. There’s no end to the mischief the Great Temptations cause you guys. Of the three, I would submit that the last is the most relevant at the moment. When it comes to learning how to think with your heart, it’s best to simply recognize that the data comes from disparate dimensions and let them download into your consciousness. Here’s the key: Do *not* try to integrate this information with anything you think you already know. Above all, do *not* try to synthesize it into a common, cohesive thread. Other than that, enjoy! As the Italians say: *Chi più sa, meno crede.*”

“What, in God’s name, are you talking about?” Larry asked.

“E-z. I ’splain you,” Zeus said, adopting a thick Italian accent. “De Italians, dey know. Watt’a dey say is’a simple: ‘De more one’a knows, de less’a one’a believes!’ I no’a kid you. Even in Italy de know dat when’a infomazione, she comm’a in, you just’a file. More infomazione comm’a in, you just’a fil’a some more. Soon’a or lat’a you get’a to read what you fil’a. It no gott’a make sense. Solo importante you just’a fil’a good. *Capisci?* Si, I’m a’tthink now you got it. Is a piec’a cake. You lik’a de cake?”

“Zeus, you are certifiably nuts. I hardly understood a word of what you just said.”

“Ah, now you’ve *really* got it! Just stay with it. Don’t seek anything more. I promise, it—whatever *it* is—will all make sense long after you have left here and no longer care a whit about it.

“Now that you’re up to speed on the absurdity of treasuring certainty, perhaps we can deal with your question, which, if I may say, was quite perceptive, once the malignancy of certainty was excised. *Voce grande*, you can take it from here.”

“*Mille grazie*, Maestro Zeus!” the Voice answered. “Larry, you asked how one knows when the work of clearing and balancing the chakras is complete. This, as you once phrased it, is like asking ‘How long is a piece of string?’ Instead of using the mind to direct the process, allow the process to direct you. As you do the suggested set of exercises, you will move up the line of chakras to the green energetic domain of the heart, and from there through the blue center into the chambers of the indigo ray. There will come a time during your sojourn in these rarified realms when you will be unflinchingly aware of yourself as one with the Creator. You will know—well beyond the feeble need for temporal certainty—because you will consciously merge with the Infinite Intelligence and be swept up by an unspeakable limitless joy, not unlike your experience last night at Inspiration Peak. It is this that makes the sixth chakra the ultimate stepping stone into the next paradigm.”

“What about the seventh chakra?” Larry asked. “Isn’t that the most powerful of all?”

The Voice and Zeus roared with laughter.

“What’s so funny now?” Larry asked, assuming he must have said something particularly stupid.

“Oh, give it a rest,” Zeus said, sensing Larry’s twinge of self-denigration. “Don’t expect to describe the top of the mountain

in perfect detail while you're sitting in a cave at its base. Actually, you're doing far better than either of us ever expected. Every so often you toss in some comic relief. It reminds us that despite your flashes of brilliance, you are still very much under the illusion's influence. Consider the implications of what you just asked, and try to rephrase it more precisely."

"I just remember reading somewhere that the crown chakra is a thousand-petaled lotus that opens up to Cosmic Consciousness and that this opening process is the object of meditation and yoga and so on. Why is that so funny?"

"It amuses us," the Voice said, "because of the manner in which you perceive it. The seventh chakra is not in the same energetic parameter as the others." Discerning Larry's mounting confusion, the Voice continued before What-What could speak. "Consider a harmonious chord made up of six perfectly pitched notes. If the notes represent the balanced vibrations of the six chakras, the seventh chakra is simply the sound of the chord as its six composite tones are played.

"Attempting to directly strengthen the crown chakra by meditation or other practices is like trying to alter the shape of a projected image by painting on the screen.

"When it comes to matters of balance, power can often be more detrimental than helpful. If you want a pleasant, harmonious chord—or in the case of the crown chakra, the most balanced shade of violet—would you increase the volume of one note while ignoring the others?"

"I see what you're driving at," Larry responded. "It *is* all about balance. Each chakra has to be cleared of its blockages, and all of them have to be opened to a comparable level. If one is too strong or too weak, it affects what happens at the crown chakra. So if I go sit in a cave and try to experience unconditional love, or if I try to train myself to act holy, it only overac-

tivates my fourth chakra at the expense of the others. If I haven't finished working on my lower chakras first, my crown chakra's going to show up as an unruly swirl of colors, reflecting my unbalanced condition."

"From your present vantage point," the Voice said, "you can appreciate in more precise terms how expanding the Awareness proceeds. Your mystics describe it as awakening the kundalini serpent from its coiled slumber in the first chakra. However, we prefer, once again, the metaphor of lightning.

"The Infinite Intelligence always seeks to express its Oneness with each entity in the Creation. So also, each aspect of Creation seeks to receive the Oneness more fully in its Consciousness. Thus the plot of the Great Play is set and the curtain rises.

"Infinite Intelligence is the leader stroke, eternally reaching down to you, calling forth your essence, unabashedly revealing itself in the Sacred Dance. Its energies enter through the root chakra at the base of your spine, the 'negative,' or south pole of your energy body. Until it is cleared, this energy center will absorb most of the impulse and emit only a weak, pseudo-streamer stroke in response. However, once you have unblocked and balanced the first center, the universal energy begins to flow upwards, to be met by and react with the spiraling energy descending from the crown chakra. As the clearing work is completed in the lower chakras, the meeting point of these two energies moves up the spine. When energy from the base chakra finally rises through the entire spinal column, the leader stroke of the Infinite Intelligence reaches the sixth chakra, where it is joined by the fully charged streamer stroke descending from the crown. The two join in Oneness. The portal to the next density is flung open, awaiting the decision of the awakened being to enter."